

Digital Parenting Quiz

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<p><u>Question #1</u></p> <p>I let my child sleep with their phone/device.</p> <ul style="list-style-type: none">a. YESb. NO (1 POINT)	<p><u>Question #6</u></p> <p>Do you MONITOR your child's device/social media use such that you can see what they see?</p> <ul style="list-style-type: none">a. NOb. YES (1 POINT)
<p><u>Question #2</u></p> <p>I have FULL ACCESS to the phone/device I grant my child the privilege of using.</p> <ul style="list-style-type: none">a. FALSEb. TRUE (1 POINT)	<p><u>Question #7</u></p> <p>Do you effectively LIMIT the amount of time your child uses a screen?</p> <ul style="list-style-type: none">a. NOb. YES (1 POINT)
<p><u>Question #3</u></p> <p>Does your child get physically aggressive or verbally disrespectful to you (e.g., cursing/threatening) if you talk about handing over the phone/device or if you request to see their phone?</p> <ul style="list-style-type: none">c. YESd. NO (1 POINT)	<p><u>Question #8</u></p> <p>Does your child understand that their screen is a PRIVILEGE and NOT A GOD-GIVEN RIGHT?</p> <ul style="list-style-type: none">a. NOb. YES (1 POINT)
<p><u>Question #4</u></p> <p>Who "calls the shots" with the phone/device you grant your child the privilege of using?</p> <ul style="list-style-type: none">a. MY CHILDb. I, THE PARENT (1 POINT)	<p><u>Question #9</u></p> <p>If you told your child in a firm voice that s/he had 10 seconds to hand over their phone or they would lose their privilege for the next day, what would happen next?</p> <ul style="list-style-type: none">a. Roll eyes, laugh at you and walk away with phone in handb. Yell, "No way!"c. Run away from you (clutching their phone)d. Threaten you backe. Hand it over (maybe with one more prompt), not necessarily with a smile (1 POINT)
<p><u>Question #5</u></p> <p>Do you know how to BLOCK unwanted/inappropriate content from your child's phone/device?</p> <ul style="list-style-type: none">a. NOb. YES (1 POINT)	<p><u>Question #10</u></p> <p>Do you believe your child is using their phone/device SAFELY, RESPONSIBLY and RESPECTFULLY?</p> <ul style="list-style-type: none">a. NOb. YES (1 POINT)

Digital Parenting Quiz Results

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RESULTS

9-10: RESPONSIBLE DIGITAL PARENT:

Still requires ongoing attention and monitoring. Don't let your guard down. Tomorrow there will be a new trend, app, or platform that you will need to learn to stay technologically up to date.

4-8: DIGITAL PARENTING NEEDS IMPROVEMENT:

Learn more about tech, apps, and what your child is doing online. Talk to your child about being safe, responsible and respectful in the tech world. You have work to do.

1-3: NEGLIGENT DIGITAL PARENTING:

Your child is at risk for or already may be experiencing a decline in academics and/or increase in depression/anxiety/anger and excessive exposure to confusing and inappropriate material.